

Queensland Race Walking Club Inc.

Building on a fine tradition of race walking, 69 years in the making.



March 7th 2024

Chinese Race Walking Grand Prix Taicang

A contingent of Australia walkers competed in the Chinese Grand Prix 20km event over the weekend with some outstanding results and with many personal bests recorded, China had five national representatives in both the men's and omens Grand Prix event

Men's 20 Kilometres Race Walk

1. Jun ZHANG 20 JUL 1998 CHN 1:17:26
2. Massimo STANO 27 FEB 1992 ITA 1:17:26
3. Caio BONFIM 19 MAR 1991 BRA 1:17:44
4. Zhaozhao WANG 01 SEP 1999 CHN 1:17:48
5. Rhydian COWLEY 04 JAN 1991 AUS 1:18:33
6. Haifeng QIAN 08 JUL 2000 CHN 1:18:51
7. Kyle SWAN 28 MAR 1999 AUS 1:18:59
8. Declan TINGAY 06 FEB 1999 AUS 1:20:00
9. Will THOMPSON 18 NOV 2002 AUS 1:20:34
10. Kaihua WANG 16 FEB 1994 CHN 1:20:40
11. Marius ŽIŪKAS 29 JUN 1985 LTU 1:20:51
12. Tim FRASER 22 FEB 2000 AUS 1:21:01
13. Carl GIBBONS 19 JUN 1996 AUS 1:23:20
14. Brendan BOYCE 08 OCT 1986 IRL 1:24:37
15. Corey DICKSON 19 JUL 2002 AUS 1:25:41
16. Jack MCGINNISKIN 26 DEC 2002 AUS 1:27:57
17. Dylan RICHARDSON 17 OCT 2000 AUS 1:27:59
18. Chun Hung TSE 23 DEC 1981 HKG 1:40:35
- Xianghong HE 01 JUL 1998 CHN DNF
- Perseus KARLSTRÖM 02 MAY 1990 SWE DNF
- Mitchell BAKER 06 JUL 2001 AUS DQ
- Man Kit CHIN 20 JUL 1991 HKG DQ

Women's 20 Kilometres Race Walk

1. Zhenxia MA 01 AUG 1998 CHN 1:26:07
2. Jiayu YANG 18 FEB 1996 CHN 1:26:07
3. Hong LIU 12 MAY 1987 CHN 1:26:47
4. Shijie QIEYANG 11 NOV 1990 CHN 1:27:05
5. Clémence BERETTA 22 DEC 1997 FRA 1:28:44
6. Liujing YANG 22 AUG 1998 CHN 1:29:20
7. PRIYANKA 10 MAR 1996 IND 1:29:48
8. Rebecca HENDERSON 04 JUL 2001 AUS 1:29:54
9. Johana ORDÓÑEZ 12 DEC 1987 ECU 1:33:42
10. Hannah MISON 14 NOV 2001 AUS 1:35:21

11. Elizabeth MCMILLEN 10 APR 2004 AUS 1:37:40
12. Alanna PEART 06 SEP 2003 AUS 1:39:08
- Tayla-Paige BILLINGTON 31 MAR 1997 AUS DNF
- Hannah BOLTON 29 DEC 2003 AUS

Run with the Grand Prix race was an open 20km and you can see from these selected results the enormous depth of talent China possesses in race walking . The positions indicate the athletes overall finishing position in the combined 20km race.

Open Event

Men's 20 Kilometres Race Walk

4. Yandong LI 02 FEB 1998 CHN 1:17:47
6. Lihong CUI 13 MAY 1999 CHN 1:18:03
7. Ning LU 12 FEB 1999 CHN 1:18:08
8. Xiangfei ZHAO 27 SEP 2002 CHN 1:18:15
10. Yongjie WEN 28 SEP 1999 CHN 1:18:47
12. Qin WANG 08 MAY 1994 CHN 1:18:52
13. Li XINGFU 18 JUL 2002 CHN 1:18:55
15. Jiayu ZHANG 04 JAN 2000 CHN 1:19:15
16. Tiancai CHEN 15 JAN 2001 CHN 1:19:55
17. Tongda BIAN 01 APR 1991 CHN 1:19:58
19. Hao XU 06 FEB 1999 CHN 1:20:11
20. Wenchao NIU 20 APR 1998 CHN 1:20:11
50. Yangjun ZHOU 17 OCT 1996 CHN 1:32:16

Open Event

Women's 20 Kilometres Race Walk

5. Haiying JI 25 FEB 2000 CHN 1:27:19
6. Li PENG 27 AUG 2002 CHN 1:27:26
7. Lamei YIN 21 DEC 2002 CHN 1:27:36
8. Yuxia SHI 28 JAN 1999 CHN 1:27:44
9. Zhuoma QIJI 27 MAY 1998 CHN 1:28:30
10. Li MA 15 JAN 2000 CHN 1:28:43
13. Hang YIN 07 FEB 1997 CHN 1:29:25
14. Zhuomayingji NIU 26 JAN 2002 CHN 1:29:35
15. Yanhong LI 16 MAR 2003 CHN 1:29:44
16. Guo NA 22 JUN 1999 CHN 1:29:46
19. Mengyuan CHEN 04 NOV 2003 CHN 1:29:59
20. Na WANG 29 MAY 1995 CHN 1:30:49
21. Zhuoma RENQING 15 SEP 2002 CHN 1:32:17
22. Ricuo XI 09 AUG 2001 CHN 1:32:21
23. Xiuzhi LYU 26 OCT 1993 CHN 1:32:46
25. Lingfen ZHANG 22 OCT 2001 CHN 1:34:38
26. Ting ZHANG 28 JAN 2004 CHN 1:34:39
27. Xueying BAI 26 APR 2000 CHN 1:34:52
29. Roumei LIU 10 DEC 2002 CHN 1:37:25

In the U20 10km event they had 89 finishers with the top 5 all under 40 minutes and the first 77 all under 45 minutes .

U20 Events

Men's 10 Kilometres Race Walk

1. Chenjie LI 05 MAY 2005 CHN 39:26
2. Shengji SHI 19 JAN 2007 CHN 39:35
3. Jiawei LUO 18 OCT 2006 CHN 39:42
4. Zhi NI 28 OCT 2006 CHN 39:44
5. Jiaqi WANG 17 FEB 2005 CHN 39:58
6. Jiangying WANG 21 MAY 2005 CHN 40:01

7. Yuzhe YANG 01 SEP 2006 CHN 40:13
8. Shiyu PU 12 OCT 2006 CHN 40:19
9. Zhaohe SONG 21 MAR 2006 CHN 40:21
10. Minji WEN 17 APR 2006 CHN 40:28
89. Fan YANG 15 DEC 2006 CHN 48:28



ENTRIES NOW OPEN

[Enter | Pan Pacific Masters Games](#)

Draft Track Walk Programme

Friday 8 November, 2024

M30+/W30+ 5000m Race Walk Final

Saturday 9 November, 2024

M30+/W30+ 3000 Metre Race Walk Finals

Confirmed Road Walk Programme

Sunday 10 November 7:00am start

Luke Harrop Cycle Circuit

Opened in 2004, the Luke Harrop Cycle Circuit is a 1.9 kilometre, eight-metre-wide, off-road training circuit and is a permanent memorial to Australian triathlete, Luke Harrop. Located in the northern suburb of Runaway Bay, the circuit is a popular facility for cycling, running and walking enthusiasts. The circuit is located next to the Gold Coast Performance Centre athletics track.

- The competition circuit will be a 1km loop.
- All participants will start together.
- A First Aid officer will be present. There will be a water station on the circuit.
- Uniforms are not compulsory.
- Age category placegetter medals will be presented at the venue at the conclusion of the competition.
- Parking and toilet facilities are located adjacent to the competition circuit

Age is determined as at race day / Minimum age for competition is 30 years

Age Divisions 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+

THIS WEEK

Queensland Masters Athletics are holding their State Championships this weekend at QSAC

Entry Lists

QMA State Championships

5,000 Metres

Saturday March 9th 8.00am

Kirwin, Roslyn W35

Jimenez Solis, Ignacio M58

Newington, Dash W39

Bennett, Peter M68

Hyland, Scott M43

Gannon, Brenda W49
Woodward, Erika W57
Patterson, Adam M51
Shaw, Kirstin W32
McKinven, Noela W81
Dale, Joy W52
Sela , Pat M84

1500 Meter Race Walk Championships

Sunday March 10th 9.30am

1 Newington, Dash W39
2 Jimenez Solis, Ignacio M58
3 Woodward, Erika W57
4 McKinven, Noela W81
5 Kirwin, Roslyn W35
6 Bennett, Peter M68
7 Dale, Joy W52
8 Hyland, Scott M43
9 Patterson, Adam M51
10 Sela, Pat M84

Important Information

- There is no call room. Singlet numbers are not required.
- For track events, report directly to the start area at least 10 minutes before the scheduled start time.
- For distances 800m and above, hip numbers will be issued at the start area. Please return these after your event.
- Walkers in the 5000m event are requested to bring someone to lap score for you.

Level 3 Race Walking-specific accreditation course

The QRWC is in discussions with AA about the possibility of the club hosting a Level 3 Race Walking-specific accreditation course this year. Time wise it would be post Olympics, mostly likely October or November.

Not only will this initiative upskill the next generation of race walking coaches it will also be an opportunity for current coaches to advance their qualifications and skills.

To be eligible to undertake the Level 3 course applications will need to hold a Level 2 certification so now is the time to make sure you qualify by doing a Level 1 and Level 2 coaching course if required. Please note that the QRWC can re-imburse your coaching course fees, if required, though our current volunteer education grant.

Thank you to those who have already expressed an interest in participating in this course .

COMING UP

QA State Championships March 14-17th SAF Main Track
Entries close at 9.00am on Monday the 4th of March.

ENTRIES CLOSED

Saturday March 16th

8:30am 3000m Walk Finals U13 - U16 Female

9:00am 3000m Walk Finals U13 - U16 Male

Sunday March 17th

8:30am 5,000m Walk Final U17/U18 Female

8:30am 5,000m Walk Final U17/U18 Female

QMA

24th March 2024

8.00 3000m Run / Race Walk



Tasmanian Masters Athletics is excited to announce that the Australian Masters Athletics National Track and Field Championship will be held in Hobart, Tasmania in 2024.

Entries Closed

Venue: Domain Athletic Centre

Walk Schedule

Friday March 29th 1,500 metres

Saturday March 30th 5,000 metres

Monday April 1st 10km Road Walk

For more information go to amahobart2024.com.au

QRWC 2024 ROAD WALK SEASON DRAFT ONLY AS AT 10.02.2024

Thank you to members who have provided feedback on the development of the winter road walk programme. We now have dates and venues pencilled in for the first half of the season .

You can keep up to date with changes and additions to the programme at the club website

[Calendar Programme \(qrwc.com.au\)](http://qrwc.com.au)

MONTH	DATE	EVENT	VENUE	TIME
March	3			
	9-10	QMA Track Championships	SAF	
	14-17	QA Track Championships	Main Track QSAC	
	22-24	QLAA State Championships	QSAC	
	29 -1	AMA National Championships	Hobart	
	31	Easter Sunday	No competition	
April	7	QRWC Sign On Meet /AGM	Kalinga Park	TBC
	11-19	AA U14-Open Track Championships	Adelaide SA	
	14	No Club Competition		
	21	QRWC Handicap Meet 1	Beenleigh	8.00am
	28	QRWC Handicap Meet 2	Yeronga	8.00am

May	5	Gold Coast Championships	Mudgeeraba	8.00am
	12	Mother's Day	No club competition	
	19	QRWC Handicap Meet 3	Capalaba	7.30am
	26	QRWC Handicap Meet 4	North Lakes	8.00am
June	2	QRWC Handicap Meet 5	Yeronga	8.00am
	9	LBG Federation Meet	Mt Stromlo Canberra	
	16	QRWC Handicap Meet 6	Mudgeeraba	8.00am
	23	QRWC Handicap Meet	TBA	
	30	QRWC Handicap Meet	TBA	
July	7	Gold Coast Marathon	Southport	
	14	RWA Postal Challenge	Beenleigh	
	21	QRWC Handicap Meet	TBC	
	28	QRWC Track Championships	TBC	
August	4	QA Road Walk Championships	TBC	
	11	QRWC Handicap Meet	TBC	
	18	QRWC Club Championships	TBC	
	25	2 ND RWA Federation Meet	Melbourne	
September	1	Father's Day		
	8			
	15			
	22			

**Australian Athletics
Championships**
Adelaide | 11-19 April, 2024

Walks Programme

Thursday April 11th

9.00am 10000m Race Walk U20 Men
9.00am 10000m Race Walk Open Men
6.00pm 10000m Race Walk U20 Women
6.00pm 10000m Race Walk Open Women

Tuesday, 16 April

9.10am 5000m Race Walk U17 Men
9.10am 5000m Race Walk U18 Men
10.45am 5000m Race Walk U17 Women
10.45am 5000m Race Walk U18 Women

Wednesday, 17 April

1.50pm 3000m Race Walk U14 Men
1.50pm 3000m Race Walk U14 Women
4.45pm 3000m Race Walk U15 Men
4.45pm 3000m Race Walk U16 Men

Thursday, 18 April

10.30am 3000m Race Walk U15 Women

10.30am 3000m Race Walk U16 Women



UniSport Nationals Athletics

Gold Coast Performance Centre, Runaway Bay

Thursday 25 April

4:30 PM Open Men 5000m Walk Final

4:30 PM Open Women 5000m Walk Final



RACE WALKING
AUSTRALIA

AUSTRALIAN FEDERATION
OF RACE WALKING CLUBS

The QRWC is a member of the Australian Federation of Race-Walking clubs and there are two annual Federation Carnivals you are all encouraged to support.

If you are able to travel interstate in 2024 to compete mark these in your calendar.

1st Federation Carnival

Sunday 9th June 2024 Stromlo Forest Park, Canberra

57th Annual Lake Burley Griffin Walking Carnival

2nd Federation Carnival

Sunday, August 25th, 2024. Melbourne

Race Walking Australia Winter Championships

Events from U10's to Masters

No details have been released but historically Federation carnivals present awards for individual, teams and handicap performances

2024 AMA 20km championships

Update from George White Secretary SA Masters Athletics Inc

I have decided to go with Sunday August 25th for this years AMA 20km walk championship. This date is when Victoria is hosting the National Open 20km event and is also the date of the 20km Walk at the World Championships in Gothenburg. This will allow anyone entering the Open event or the World Champs to also enter the AMA event as a postal entry. While we encourage everyone else to come to Adelaide for the event, we acknowledge that some cannot travel and I hope that all other states/territories will organise their 20km event on the same day. However, if this is not possible then in the two weeks prior and the two weeks following the 25th August, i.e. between Sat 10th August and Sunday 8th September.

**WORLD ATHLETICS
RACE WALKING TEAM
CHAMPIONSHIPS
ANTALYA24**

Antalya, Turkey April 21st 2024

This will be the second time that Turkey has hosted a World Athletics Series event, following the 2012 World Athletics Indoor Championships, held in Istanbul. Some 500 athletes from 50 countries are expected to compete in Antalya next year in what will be a qualifying event for the Paris Olympic Games.



WORLD ATHLETICS RACE WALKING TOUR 2024

09 MAR 2024 MARATHON RACE WALK MIXED RELAY TAICANG CHN
16 MAR 2024 43RD DUDINSKA 50 DUDINCE SVK
06 APR 2024 92ND PODĚBRADY WALKING PODĚBRADY CZE
05 MAY 2024 3RD KORZENIOWSKI RACE WALKING CUP WARSZAWA POL
11 MAY 2024 31ST GRANDE PRÉMIO INTERNACIONAL DE RIO MAIOR EM MARCHA ATLÉTICA RIO MAIOR POR
18 MAY 2024 XXXVII GRAN PREMIO CANTONES DE A CORUNA DE MARCHA LA CORUÑA ESP
25 MAY 2024 ZÁHORÁCKA DVADSIATKA BORSKY MIKULÁS SVK
06 OCT 2024 III GRAN PREMIO INTERNACIONAL FINETWORK MADRID MARCHA MADRID ESP
26 OCT 2024 LUSATIAN INTERNATIONAL RACE-WALKING MEETING ZITTAU GER

OLYMPIAD PARIS 2024

Walks Schedule

Thursday August 1st 7:30am 20km Race Walk Men
9:20am 20km Race Walk Women

Wednesday August 7th Marathon Race Walk Mixed Relay with 25 teams, each comprising one male and one female athlete, who will complete in four legs of approximately equal distance. Each athlete will complete two legs of just over 10km each, alternating male, female, male, female.

Note that, in Paris, there will be a cut off time of 3h20m and teams who have not completed the marathon distance will be classified at the position at which they cross the finish line after the cut-off time.

QRWC MEMBERSHIP 2023/24

Qld Racewalking Club is excited to announce that we have opened up our registration portal to members who wish to register with QRWC with a view to representing QRWC at QA meets in the coming year.

Our membership year will now commence in October each year to align with Qld Athletics' (QA) membership year. This will allow athletes wishing to compete at QA events representing QRWC, to take out a combined QRWC/QA membership in or after October each year. Once registered, athletes can represent QRWC at the various QA competitions held throughout the year, including the QA Road Walking Championships, QA Shield Meets and Qld Athletics Championships. Please note that QA offers 3 levels of membership. More information can be found at <https://cdn.revolutionise.com.au/site/qmoo3oyiea1blrd.pdf>

Of course, for those athletes not wishing to compete at or represent QRWC at QA events, QRWC will retain the current membership options whereby only the QRWC club fee (ie. \$15 Student/\$25 Non-Student) will apply. This membership can be taken out at any time prior to the start of the QRWC winter season in April 2024.

All QRWC memberships taken out from this point onwards, irrespective of whether a QA membership is also included, will remain valid until September 2024 and will cover the traditional QRWC winter racewalking season.

	\$15.00	Students
Membership Fee:	\$25.00	non-students
	*club fee on top of Qld Athletics membership (Base \$12, Gold \$110, Platinum \$220)	

All our committee members, coaches, officials and volunteers are urged to register with QA for \$0 and to please check that your Blue Card is valid.

Our Volunteers – We need you to

For all our road walk and track meets we need the help of our members to set up and run the meets in a safe and organised manner. Please feel free to offer your services whether it be as a judge, timekeeper, setting out the course or helping to pack up. All assistance is greatly appreciated. We especially need lap scorers. If you would like to help out, please talk to any member of the Committee.

Everyone who helps out to run our events are volunteers who freely give up their time so that our athletes can race. Please treat them with respect and appreciation at all times and offer to assist them whenever possible. Without judges, timekeepers and lapscorers we don't have a race walk competition we just have a walk and no matter how fast you go your result will not be official or accepted for qualifying purposes. Judges are there to ensure no one gets an unfair advantage and to assist the athletes. If you get a caution or a report, use it as a learning experience. Find out what you have done wrong from the judge and talk to your coach to see if you need to correct your technique. If you do nothing and just blame the judges, then you will never learn or get ahead in the sport.

Queensland Athletics Member Protection Policy

As a member of Athletics Australia, Queensland Athletics, an affiliated club or an individual member everyone is required to comply with the Queensland Athletics Member Protection Policy. We are committed to the health, safety and general well-being of all of our members and will work to ensure that everyone associated with our organisation complies with this policy. We would encourage all who are involved in athletics to familiarise themselves and comply with this policy.

You can read the full policy here

<http://www.qldathletics.org.au/Portals/50/General/QA%20Member%20Protection%20Policy%20-%20July%202015.pdf>

All our members, whether an athlete, coach, volunteer official or a parent should be aware of their obligations and responsibilities under these policies.

Who this Policy Applies To

This policy applies to the following, whether they are in a paid or unpaid/voluntary capacity:

- Parents, guardians, spectators and sponsors to the full extent that is possible.
- Individuals appointed or elected to boards, commissions, committees and sub-committees;
- Employees and volunteers;
- Support personnel (e.g. managers, physiotherapists, psychologists, masseurs, sport trainers, etc);
- Coaches and assistant coaches (whether or not they are accredited)
- Athletes, coaches, officials and any other personnel participating in any teams, events and activities, including camps and training sessions, conducted or sanctioned by Queensland Athletics
- Referees, judges and other officials.
- Members, including life members.
- Member associations and each of its members, including life members.
- Affiliated clubs and associated bodies of Queensland Athletics;
- Peak associations and other State bodies engaged in any form of athletics.
- Any other person or body that is a member of or affiliated to Queensland Athletics.

Code Of Conduct/Behaviour Queensland

Athletics requires every individual and body bound by this policy to: QA Member Protection Policy – July 2015

- 4.1 Be ethical, fair and honest in all their dealings with other people and Queensland Athletics;
- 4.2 Treat all persons with respect and courtesy and have proper regard for their dignity, rights and obligations;
- 4.3 Always place the safety and welfare of children above other considerations;
- 4.4 Comply with Queensland Athletics', Athletics Australia's, the IAAF's, the National and International Olympic and Paralympic Committees' constitution, rules and policies including this Policy;
- 4.5 Operate within the rules and spirit of the sport;
- 4.6 Comply with all relevant Australian laws (federal and State), particularly anti-discrimination and child protection laws;
- 4.7 Be responsible and accountable for their conduct; and
- 4.8 Abide by the relevant specific Codes of Conduct referred to in Part B of this Policy.

Racewalking Queensland Management Committee 2023/24

President: P Bennett

Vice President. J-R McRoberts

Secretary: N. McKinven

Treasurer P Sela/N McKinven

Committee: Shane Pearson, Joanne McRoberts, John McRoberts, Jas Blackburn, Megan Housden, Ignacio Jimenez

Patrons: Patrick & Maxine Sela
Registrar: S Dale / C Chadwick
Handicapper A Guevara / N McKinven
Uniforms: S Dale
Publicity / Media D Sibenaler
Results R Wales / N McKinven
Newsletter Editor: P. Bennett
Equipment Officer. Stephanie McCure plus Ignacio Jimenez & Noela McKinven
Canteen Convenor. Vacant, but to be by roster.
Club Captains: Jasmine-Rose McRoberts / Sam McCure

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4
Robyn Wales Walks Level 3
Shane Pearson Walks Level 3
Steve Langley Walks Level 2
Jasmine-Rose McRoberts Level 2 Club coach
Argenis Guevara Level 1
Katya Martin Level 1

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club
racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

About us

Racewalking Queensland conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

For news and information on the Australian Federation of Race Walking (Racewalking Australia) and the member clubs go to www.rwa.org.au

RWA Facebook page <https://www.facebook.com/racewalkingaustralia/>